

DEPUTY SHERIFFS' ASSOCIATION OF SAN DIEGO COUNTY

MEMBERSHIP APPLICATION

MEMBER	SHIP TYP	E: CLA	SS 1 (ACTIVE SWO	RN) [RI	ESERVE) [] (RETIRE	D)		
NAME:										
		Last			l .		First			Middle
HOME A	DDRESS:									
			Number a	and Street				City	State	ZIP
HOME PH	l:				CEI	_L:				
DATE OF BIRTH:				SSN:				☐ MAI	LE 🗌	FEMALE
HOME E-I	MAIL:									
to abide by	nake applicy the regul	cation for lations as	membership in the set forth in the A	rticles of Ind ACTIVE SV	corpora VORN)	ition a	ind By-L BERSHI	aws. P:		
me on wa	As a Class 1 member, I hereby designate the Deputy Sheriffs' Association of San Diego County to represent me on wages, hours, working conditions, and all other matters concerning my employment and to collect dues and other sums I may authorize for Association programs beneficial to me by payroll deduction.									
			Signa	ture						Date
	ΑC	DITIONA	L INFORMATIO	N REQUIR	ED FO	R CLA	ASS 1 M	EMBERSHIF	•	
DATE SW	ORN / GR	ADUATE	D ACADEMY:					ARJIS N	IO.:	
WORK LC	CATION:							·		
If you are	re-joining	the associ	ation, what was	your previo	us date	of res	signatior	1?		
			CLASSIFICATIO heriff - Detentions		Sheriff's	s Serg	eant [Sergeant – D	etentior	าร
☐ Sheriff's	s Lieutenan	t 🔲 Li	eutenant – Detenti	ons \square	Sheriff'	s Capt	ain			
Please wr	Please write the name(s) of your association death benefit beneficiary below:									
NAME:								RELATIONS	SHIP:	
NAME:								RELATIONS	SHIP:	
I would like	e to receiv	e more inf	ormation on the	following m	ember	benef	fits and	opportunities:		
☐ Auto & I	☐ Auto & Home Insurance ☐ Dental Insurance ☐ Vision Insurance ☐ AFLAC Insurance									
			FC	OR OFFICE U	SE ONL	<u> </u>				
MEMBER	SHIP NUM	IBER:								

COUNTY OF SAN DIEGO WORKERS' COMPENSATION PERSONAL PHYSICIAN PRE-DESIGNATION FORM

In the event a work-related injury, the law provides an employer medical control for the first thirty (30) days if the employee has not pre-designated a physician. After that time frame an employee may be treated by a physician or medical facility of choice within a reasonable geographic area. As an alternative to using the County's designated provider, an employee may pre-designate his or her personal physician for treatment.

To qualify as a pre-designated physician all of the following conditions must be met. The physician:

- serves as the employee's primary care physician and has previously directed the employee's medical treatment;
- retains the employee's medical records, including medical history; and
- agrees to be pre-designated.

If an employee desires to pre-designate their personal physician, the following information and signatures are required. The completed form should be forwarded to the Department of Human Resources, Workers' Compensation program at mail stop D -226 or faxed to 619.578.5740. If you have any questions, please call 619.578.5700.

It is the employees' responsibility to get the completed form to the Workers' Compensation program.

(Please Print) Employee's Name	
Employee Number:	
Department:	
Work Telephone Number	-
Date of Request	
Employee's Signature	
Name of Physician	
Physician's Address	
I meet the personal physician conditions noted above.	
Physician's Signature/Date:	



California Law Enforcement Association

A Non-Profit Mutual Benefit Association

Post Office Box 31, Martell, CA 95654-0031 (209) 223-3971 • (800) 832-7333 • Fax (209) 223-2966

www.clea.org

Deputy Sheriffs' Association of San Diego County Group Long Term Disability

FEATURES / BENEFITS

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PLAN COUNSEL Christopher Chediak, Esq. Weintraub Tobin Chediak

Coleman Grodin

Law Corporation

Sacramento, CA

PLAN ADMINISTRATORS California Public Safety Administrators, Inc. CA Ins. Lic. #0544968

Monthly Cost	\$19.50 per month, level cost payroll deduction				
Percentage Of Wages Protected*	85% of wages Non-Industrial Disability 70% of wages Industrial Disability (100% of wages for Catastrophic Disabilities for up to 30 months) (No Workers' Compensation Permanent Disability offsets) Maximum Benefit of \$9,500 per month, tax-free				
Waiting Period	30 Calendar days – If less than 60 calendar days of personal leave, you may receive 70% of wages after 30 calendar days. Otherwise, 60 calendar days.				
Benefit Period	Lifetime: Sickness, Accident and Pregnancy (Industrial Disability and Non-Industrial Disabilities)				
Freeze of Personal Leave Option	After 60 calendar days				
Personal Leave Integration Benefit	After 60 calendar days, you may use personal leave and receive a supplemental benefit from the Plan up to the Maximum Percentage or use 100% personal leave and receive \$1,000 per month (\$100 per month for Industrial or Disputed Workers' Comp.)				
Cost of Living Benefit (COLA)	4% compounded per year (years 3-8) thereafter, CPI increase to age 65 and then continued lifetime benefits				
Return To Work Incentive Benefit	\$1,000 per month for Non-Industrial Catastrophic Total Disability if a Participant returns to gainful employment.				
Waiver of Payment	Waiver of Payment after no-pay status				
Benefits Payable During Challenged Workers' Compensation Cases	After 60 calendar days – 70% of wages to a Maximum Benefit of \$9,500 per month (Repayable only if settled in your favor)				
Minimum Monthly Benefit	\$1,000 per month – paid in addition to personal leave after 60 calendar days. (\$100 per month Industrial or Disputed Workers' Compensation claims.)				
Death Benefit	\$65,000 Death Benefit on- or off-duty natural, accidental or terminal illness (\$15,000 initial benefit then \$1,000 per month for 50 months) \$10,000 for suicide (\$2,000 first 2 Years in Plan) (Benefits may be payable within 24 hours of notification)				
Survivorship Benefit	Six (6) months additional benefits to dependent beneficiary				
Pre-Existing Medical Condition Coverage	If you enroll during your initial enrollment period, all pre-existing medical conditions will be covered once you have been in the Plan for twenty-four (24)/ forty-eight (48)** months, unless you are eligible for the <i>Prior Coverage Credit</i> – otherwise, pre-existing medical conditions will not be covered.				
Ownership of Plan	Owned, operated and managed by its Participants through a representative Board of Directors (non-profit California Corporation since 1985)				

^{*} Maximum percentages reflect amount payable after completion of (a) waiting period, (b) freeze of personal leave option, or (c) personal leave integration. Offsetting Benefit/Income Amounts are applied to reduce amount from the Plan

** The Death Benefit for suicide is limited to \$2,000 for the first 24 months of participation in the Plan.

*** Forty-eight months for Death Benefits, and for HIV, AIDS, and ARC.

The California Law Enforcement Association (Safety Personnel) Long Term Disability Plan was established pursuant to the California Department of Insurance, Insurance Code Sections 11400 – 11407 (Peace Officers Benefit and Relief Association) by CLEA, a police officers benefit and relief association. CLEA is a non-profit corporation exempt from tax under Internal Revenue Code Section 501(c)(9). The Plan, CLEA and the Trust, are annually audited by independent certified public accountants in conformity with generally accepted accounting principles.

10-15 This is a highlight page only – certain exceptions & limitations apply. See the Summary Plan Description or the complete Plan Document provisions for a more complete description of coverage. CA Insurance Lic. #0544968



Application for California Law Enforcement Association (CLEA) Long-Term Disability Group Coverage

Last Name	First Name			M.I.	Birth Date	Social Sec. No.	
					/ /		
Mailing Address			Employme	nt Date	Name of Employer	1	
			/	/			
City		State	Zip Coo	de	Phone (
Current Job Title	E-Mail Add	ress			1		
Special Note: Pre-Existing Conditions are Initial Enrollment Period with your Associati Pre-Existing Conditions or conditions cause provided for in the "Prior Coverage Credit." tions, or drug, alcohol, or substance abuse, to Pre-Existing Conditions are included in the Administrator for additional information or to Please initial here to indicate that you have	on or Department, or ed or contributed to be Disabilities caused will be covered afte the CLEA Plan Docul or request a copy of t	r during by Pre-E by psycl r 24 mo ment an he Plan	the first existing concluding the first concluding	60 days onditions, or emotic articipatio	of your sworn emp are excluded from onal disorders, or to on. Other condition	loyment. Otherw n coverage, exce heir physical ma ns and limitations	ise, ept as nifesta- related
I hereby apply for Group Long-Term Di offered through my employee Association of I shall abide by the stated provisions as not Corporate By-laws. Payroll deduction is aut provided for in the "Prior Coverage Credit" I stand that any medical condition that existe coverage will not be covered until I have be Active Member for a period of twenty-four (AIDS, ARC and death caused by pre-existing be covered for forty-eight (48) months. Und dispute not resolved through the Plan's claim by binding arbitration with the American Arbitration arbitration arbitrational information (36). Special Provision: Participants not covered 830.2(a) will have limited benefits (36) month of wages and one (1) year Own Occupation they suffer a disability that would normally be and its subchapters, and the disability is not By signing below you are indicating that you and that you are working a full-time schedulemployee.	or Department, and a sted in the Plan Docu thorized if applicable provision of the Plan Ed prior to my effective en enrolled in the P24) months. Additioning medical conditionaler the terms of the Fins procedure must bitration Association. On. In the day Penal Code 83 hs Maximum Benefin Disability Plan Provide covered by Laborat determined to be just have read these states as a safety or swell the process of	agree that ments a series and the control of the co	at (and datas from the content of th	If this sected and the section of th	ered a full-time en for L.C. 4850 pay valent? tly at work on a red le? wered "No" to any ease contact the P l-7333 to discuss en not write in this space.	ociation are you safety Yes Proposed Yes Yes Of the questions lan Administrato eligibility. Office use only.	J: S No No S No S No
Beneficiary information is required for the Plan Death Benefits. Contact the Plan Administrator at 1-800-832-7333 or visit www.CLEA.org to update your beneficiary choice or for additional information.				Dept.:			
Your Signature					Date		
Beneficiary				Rolatio	onship		
(Please do not	list minors)			i i c iall	лыпр <u></u>		
Contingent Beneficiary(Please do not	list minors)			Relatio	onship	. – FULL PAGE APP– LT	 D REV. 1/13

WHY DO I NEED LONG TERM CARE?

- The average annual cost of convalescent care is over \$69,000.
- In 20 years, the average annual cost is expected to exceed \$180,000.
- The average lifetime expense to care for an **Alzheimer's patient** is \$290,000.
- 3 out of 5 people over age 65 will require a minimum of 3 years Long Term Care assistance.
- Recent statistics show that 1 in 7 people now living in nursing facilities are under age 65.
- 1 in 5 patients in Long Term Care over age 65 can expect to spend more than 5 years in a nursing facility.
- As a member of a Public Pension Plan, Law Enforcement and Fire Service personnel would never qualify for government assistance through Medicaid or Medicare. Your monthly retirement allowance and other assets would need to be extinguished to qualify.



NPFBA LONG TERM CARE PLAN BENEFITS:

- Lifetime Coverage
- Nursing Home Care
- Residential Care
- Home Health Care
- 5% Compounded Inflation Protection (Limited to 15 Years)
- 25 Year Paid-Up Plan
- Respite Care
- Death Benefit
- 60-day Elimination Period
- Waiver of Payment

COMPARABLE MONTHLY COSTS FOR \$150/DAY PLAN*

	NPFBA	CalPERS ²	John Hancock	Genworth
Age 35	\$39	\$106	\$219	\$233
Age 45	\$63	\$170	\$293	\$262
Age 55	\$122	\$248	\$364	\$346
Age 60	\$208	\$305	\$434	\$401
Payment Schedule	25-45 Years ¹	Lifetime	Lifetime	Lifetime
Elimination Period	60-days	90-days	60-days	90-days

The NPFBA Long Term Care
Plan was developed by Law
Enforcement and Fire Service
personnel to protect those
who protect others. The Plan is
managed by experienced Law
Enforcement and Fire Service
personnel dedicated
to providing the very best
benefits at the lowest rate.



 $\overline{\mathrm{NPFB}}\mathrm{A}^{\scriptscriptstyle{\mathsf{TM}}}$



1-877-582-0003 WWW.NPFBA.ORG

NATIONAL PEACE OFFICERS AND FIRE FIGHTERS BENEFIT ASSOCIATIONTM

CA Lic. #0544968

LONG TERM CARE BENEFIT COMPARISON

Benefits	NPFBA	CALPERS
Lifetime Coverage	✓	Available
Nursing Home Care \$130/day or \$150/day	✓	Other Options Available
RESIDENTIAL CARE (Assisted Living) 70% of \$130 Plan (\$91/day) 70% of \$150 Plan (\$105/day)	✓	✓
Home Health Care 50% of \$130 Plan (\$65/day) 50% of \$150 Plan (\$75/day)	✓	Other Options Available
5% Compounded Inflation Protection*	✓	\checkmark
25-Year Paid-Up Plan	✓	Lifetime Premiums
DEATH BENEFIT IS THE RETURN OF PAYMENTS UP TO \$5,000 To age 70: Up to \$5,000 Ages 71–75: Up to \$2,500 Thereafter: \$0	✓	Prorated Return of Payments Based on Percentage 75 or Older: \$0
RESPITE CARE –ADULT SITTING 15 days max per year	√	√
60-Day Elimination Period**	√	90-Day
WAIVER OF PAYMENT *Limited to 15 Years. **90-Day Elimination Period if rated Standard.	√ .	√

THE POWER OF 5% COMPOUNDED INFLATION PROTECTION

Your benefit increases each year after your first calendar year in the Plan and grows annually thereafter up to year 15.

FUTURE BENEFIT PROJECTIONS

(Daily Benefits have been rounded to the nearest whole number.)

\$150 Plan				
Year In Plan	DAILY BENEFIT	Monthly	YEARLY	
Current	\$150	\$4,563	\$54,750	
At 5	\$182	\$5,536	\$66,430	
At 10	\$233	\$7,087	\$85,045	
At 15	\$297	\$9,034	\$108,405	

\$130 Plan				
YEAR IN PLAN	DAILY BENEFIT	Monthly	Yearly	
Current	\$130	\$3,954	\$47,450	
At 5	\$158	\$4,806	\$57,670	
At 10	\$202	\$6,144	\$73,730	
At 15	\$257	\$7,817	\$93,805	

(Limited to 15 years.)

Monthly benefit equals daily benefit multiplied by 365 days divided by 12 months.



Deputy Sheriffs' Association of San Diego County Life Insurance Option 2

Active Members:

Life & AD&D Benefit: \$100,000

Spouse:

Life & AD&D Benefit: \$7,500

Children:

Life & AD&D Benefit: \$5,000

\$10.84 per pay period

**If you enroll within 60 days of the date of becoming a member of the Deputy Sheriffs' Association you do not need to complete any medical questions; you will be a late applicant and subject to Evidence of Insurability if you elect to participate in this plan after your 60 day eligibility period.

AD&D ENHANCEMENTS:

Seat Belt Benefit: This benefit provides the lesser of \$50,000 or the amount of AD&D insurance benefit payable for loss of life that occurs in an automobile accident if the insured is properly wearing a seat belt. The driver must have a current, valid driver's license.

Air Bag Benefit: This benefit provides the lesser of \$20,000 or the amount of AD&D insurance benefit payable for loss of life that occurs in an automobile accident for which a Seat Belt Benefit is payable, if the automobile is equipped with a properly maintained air bag system. The insured must be seated in the driver's or front passenger seat, and the driver must have a current, valid driver's license.

Child Care Benefit: This benefit provides the lesser of \$5,000 or the total child care expenses incurred by the insured's spouse within 12 months after the insured's death. This benefit will pay the insured's spouse for child care provided by a licensed daycare provider, who is not a family member, for dependents under the age of 18. The child care expenses must occur because the spouse must work or obtain training for work to increase earnings.

Beneficiary Assist®

We understand a loss can leave you feeling overwhelmed. Times are difficult when the unthinkable happens. In addition to grief, you may have financial and legal worries you're not prepared to face alone. That's why we're here to make sure getting support is as simple as possible. The Hartford's1 Beneficiary Assist program through ComPsych® helps you cope with the emotional, financial, and legal issues that can arise after a loss. The program is offered at no cost to beneficiaries of group life or accident policies. Simply call the toll-free number, 1-800-411-7239, 24 hours a day, 7 days a week to access loss counseling, financial and legal professionals on a confidential basis.

Travel Assistance – A Simple Way For You to *Navigate Life's Journeys*.

TRAVEL SERVICE FROM THE HARTFORD₁ – DEALING WITH THE BUMPS IN LIFE JUST GOT EASIER.

You're on the road and things take an unexpected turn – an emergency occurs. You need help plain and simple. Well now, assistance is simply a phone call away for employees covered under a group policy through The Hartford. Toll-free emergency assistance is available to you, your spouse, and your dependents₂24 hours a day, 7 days a week when traveling 100 miles or more from your primary home (national or international travel) for 90 days or less. The Hartford's Travel Assistance Program is provided by Worldwide Assistance Services, Inc., a leader in the travel assistance industry. Please keep the wallet-size ID card with important contact information handy for easy access when planning for or while on a trip.

TRAVEL SERVICES OFFERED - SIMPLICITY FROM THE WORD GO.

The Hartford's Travel Assistance Program provides three kinds of services for your business or vacation travels – Pre-Trip Information, Emergency Medical Assistance and Emergency Personal Services. Of course, all our travel services are simple to take advantage of from start to finish. The program offers funds up to \$150,000 to cover services provided. A service qualifies for payment or reimbursement only if Worldwide Assistance Services, Inc. was contacted at the time of service and arranged and/or pre-approved it.

PRE-TRIP INFORMATION – LIFE'S A TRIP. PREPARING FOR IT SHOULD BE SIMPLE.

Planning a trip can often be more complex than you think, so the Travel Assistance Program includes a wide range of helpful informational services before you leave home or the office, including:

- Visa, Passport, Inoculation and Immunization Requirements
- International "Hot Spots"
- Travel Advisories
- Foreign Exchange Rates
- Embassy and Consular Referrals

EMERGENCY MEDICAL ASSISTANCE

When you have a medical emergency, the Travel Assistance Program pays for assistance as described below, but you are personally responsible for paying your medical/hospital expenses.

- Medical Referrals Refers you to physicians, dentists and medical facilities worldwide.
- **Medical Monitoring** During the course of a medical emergency, professional case managers, including physicians and nurses, will monitor your level of care and determine if further intervention, medical transportation or possibly repatriation is needed.
- **Medical Evacuation** Transportation to the closest medical facility that can provide an appropriate level of care will be arranged and paid for if medically necessary.
- **Repatriation** Transportation home for further medical treatment will be arranged and paid for if medically necessary.
- **Traveling Companion Assistance** If your traveling companion's previously made travel arrangements are lost due to your hospitalization, new arrangements will be made and funded.
- **Dependent Children Assistance** If, due to your hospitalization, your dependent children are left unattended, travel arrangements will be made and funded for their return home with a qualified escort if necessary.
- Visit by a Family Member or Friend If you are traveling alone and are hospitalized for at least 7 consecutive days or are in critical condition, travel arrangements will be made and funded for a family member or friend to visit if that service is deemed medically necessary.
- Emergency Medical Payments Advances funds to cover on-site medical expenses, upon satisfactory guarantee of reimbursement.
- **Return of Mortal Remains** The proper return of remains for burial will be arranged and paid for in the event of death while traveling.
- Replacement of Medication and Eyeglasses Your prescription or eyeglasses will be replaced if lost, stolen, or used up, subject to local law, whenever possible. Payment for the prescription medication, eyeglasses or any shipping expense is your personal responsibility.

DEPUTY SHERIFF'S ASSOC. OF SAN DIEGO CO. Supplemental Life Insurance Enrollment Form

HARTFORD LIFE AND ACCIDENT INSURANCE COMPANY

Employer Name: Deputy Sheriff's Association of San Diego				Policy	Number: 764514	
Street Address: 13881 Danielson Street				"		
City: Poway		State: CA			Zip: 92064-6891	
Please check all that apply: New Enrollment:		Over G.I.:		C	hange:	
Employee First Name:		MI:	Last Na	me:		
Street Address:	<u>'</u>					
City:		State:		Zip Code:		
Day Time Phone:		Evening Phone:				
Social Security Number:	Date of Bi	Birth: E		Email Address:		
Occupation:	Date of Hi	Hire: Annu		nual Salary: \$		
Have you used tobacco in any form in the past 12 r	months?	Yes No				
Basic Employee and Dependent Li	fe Insur	ance – Spouse	and De	penden	t Children	
You have the opportunity to enroll in Deputy Sheriff and eligible Dependent Children. This plan provides \$5,000 Basic Life coverage for each Dependent Children status. Enrollment in this plan is optional, with	you with \$10 d. To be elig	00,000 Basic Life cove gible for this plan, you	rage, \$7,50	00 Basic Life	coverage for your Spouse, and	
☐ I elect to enroll in the Basic Life Insurance plan	for \$10.84/	per pay period.				

The Hartford® is The Hartford Financial Services Group, Inc. and its subsidiaries, including issuing companies Hartford Life Insurance Company and Hartford Life and Accident Insurance Company. Policies sold in New York are underwritten by Hartford Life Insurance Company

Employee First Name:		Last Name	Socia	al Security Number:	:	
t is important tl		nation be clear so that there will b				
number, relation vords, "Not Rela	nship, date of birth and dis	y. When naming your beneficiary tribution percentage. If the benef elationship. If you need assistand on designations:	ficiary is not related	either by blood or b	y marriage,	insert the
<u>Primary</u> : • Mary	J. Doe, Wife (not Mrs. Johi	Contingent: • Joseph W. Doe, So (50%). • Estate of the Insu	on and Jane Doe, Da	ughter, in equal sha	ares	
		th unequal shares, please show th other, and 67% to Edith Jones, W		ce to be paid to eac	:h beneficiar	y in fractional
	Full Name	Address	SSN	Relationship	D.O.B.	%
Primary						
Contingent						
estate of the s upon written r	pouse and children, sub	ves of your spouse and childre ject to policy provisions. A be				
have been give	en the opportunity to enro	I in Deputy Sheriff's Assoc. of Sannoll, I will be required to provide abe denied.				
		ne are in accordance with the provot be insured for coverages not inc			ford and De	puty Sheriff's
	employer to make the appr ne duties of my occupation	ropriate payroll deductions from m on a full-time basis.	y wages on a post-t	ax basis. I am not	now disable	d and I am
am aware that	if participation requireme	nts are not met, this plan will not	be implemented and	the coverage elect	ed will not b	e in force.
Signature:			Date:			

Aflac is an extra measure of financial protection.

When you're sick or hurt,
Aflac pays cash benefits directly
to you, unless otherwise assigned,
to help you and your family
with unexpected expenses.

For more information about policy benefits, limitations, and exclusions, please call your Aflac insurance agent:

Jill Krenkler

CA License No. OD97588 5924 Balfour Ct. Suite 100 Carlsbad, CA 92008 (760) 473-8023 jill krenkler@us.aflac.com

DSA Members can now apply for Aflac online. Please visit www.aflac.com/dsasd for more information and to apply for coverage.





Coverage is underwritten by American Family Life Assurance Company of Columbus.

In New York, coverage is underwritten by American Family Life Assurance Company of New York.

Worldwide Headquarters | 1932 Wynnton Road | Columbus, Georgia 31999

M2080V2CA 7/13

DENTAL BENEFITS

Members residing in California have the option to select a Dental HMO or Dental PPO plan. Members living outside of California may enroll in the Dental PPO plan. To both maximize and manage your PPO and HMO Dental benefits, log on to: www.myuhcdental.com to locate a provider, view benefits, order ID cards and review your claims history. A summary of the Dental benefit plan design options are listed below. Please review your summary plan booklet, available at www.dsasd.org, for a more detailed description.

UnitedHealthcare Dental PPO					
Benefit Schedule	In-Network	Out-of- Network			
Individual Deductible	\$0	\$25			
Family Deductible	\$0	\$50			
Calendar Year	\$ 1.0	000			
Maximum	Ψ1,				
Preventive Services					
Routine Oral Exam					
Cleaning					
Fluoride Treatment	100%	100%			
Sealant					
X-rays					
Basic Services					
Fillings					
General Anesthesia		80% After			
Oral Surgery	90%	Deductible			
Endodontics		Deadensie			
Periodontics					
Major Services					
Crowns					
Removable & Fixed	60%	50% After			
Bridges		Deductible			
Dentures					
Waiting Period for	12 mor	nths for			
New Enrollees	Major S	Services			

UnitedHealthcare Dental Customer Service:

(877) 816-3596 Monday – Friday: 5:00 am to 8:00 pm PST

UnitedHealthcare De	ntal HMO
Preventive Care	
Routine oral exams	\$0
Cleaning	\$0
Sealant – per tooth	
(child under age 18)	\$0
Bite-wing and full-mouth x-rays	\$0
Fluoride treatment (child)	\$0
Fluoride treatment (adult)	\$0
Restorative	
Amalgam filling	\$0
Resin-based composite (anterior)	\$0-\$20
Resin-based composite (Posterior)	\$25-\$45
Crown – Single Restorations	\$90-\$215
Other Restorative Services	\$0-\$125
Endodontics	
Anterior (excluding final restoration)	\$45
Bicuspid (excluding final restoration)	\$75
Molar (excluding final restoration)	\$115
Periodontics	
Gingivectomy or gingivoplasty	\$50
Osseous surgery	\$155-\$225
Periodontal scaling and root planing	\$15-\$25
Prosthetic (dentures/partials)	
Complete denture – maxillary	\$150
Complete denture – mandibular	\$150
Reline complete maxillary	\$0
Oral Surgery	
Surgical removal of erupted tooth	\$15
Removal of impacted tooth	\$25-\$90
Deep sedation/general anesthesia	\$155 first 30 mins
Orthodontics	
Treatment transitional dentition	\$1,895
Treatment adult dentition	\$1,895

VISION BENEFITS

The Vision program is offered through United Healthcare. United Healthcare's Vision program provides affordable, quality vision care nationwide. United's network includes over 25,000 private practice and retail chain providers, the most notable chains being Wal-Mart, Sam's Club and Costco (exam visits only). You can locate a United Healthcare Vision provider by calling the 24 hour toll-free provider locator at (800) 839-3242 or by logging on to: www.myuhcvision.com.

With United, you are able to visit any provider you choose but, you maximize your savings when you visit a network provider. A summary of the Vision benefits is listed here. Please refer to the summary plan booklet, available at www.dsasd.org, for a complete description of your benefits.

United Healthcare Vision Plan			
	In-Network	Out-of-Network	
Exams	Covered in Full \$45		
Lenses			
Single Vision	Covered in Full	Up to \$45	
Bifocal	Covered in Full Up to \$65		
Trifocal	Covered in Full Up to \$85		
Lenticular	Covered in Full Up to \$85		
Frame Allowance (Retail)	Up to \$130		
Frame Allowance (Private Practice)	Up to \$130	Up to \$130	
Elective Contact Lenses*	Up to \$125		
Necessary Contact Lenses*	Covered in Full Up to \$250		
*Contact lenses in lieu of lens and frame benefits			
Frequency			
Exams	Once every 12 months		
Frames	Once every 12 months		
Lenses	Once every 12 months		

United Healthcare Vision Contact

Customer Service: (800) 638-3120

Monday – Friday: 5:00 am to 8:00 pm PST,
Saturday: 6:00 am to 3:30 pm PST

Provider Locator: (800) 839-3242

Website: www.myuhcvision.com





BENEFITS APPLICATION

DEPUTY SHERIFFS' ASSOCIATION OF SAN DIEGO COUNTY

13881 Danielson Street, Poway, CA 92064

Name (Last, First, MI)		Social Security Number	nber	GENERAL INFORMATION Gender Date of Birth (ORMATION Date of Birth (MM/DD/YY)	(YYV)		Date of Hire (MM/DD/YY)		DSA Member ID Number	er
		/	/	OM OF							
	, , , , , , , , , , , , , , , , , , ,	Event			Effective Date of Coverage	Coverage		Date of Retirement	Hom	Home Phone #	
	Liketired Member	□Open Enrollment					7,040	-:-	_ L)	
Kesidence Mailing Address			Apt./Unit#	<u> </u>		<i>n</i>	State	dı7	М - Ш	E-Mall Address	
			DEN	DENTAL AND VISION ENROLLMENT	N ENROLLME	L					
Choose from the following dental and vision plans.	d vision plans.		4				H			TIALL OUG	
You may select one dental plan and the vision plan.	the vision plan.		NOISIN			HIMO DENI AL	N AL			PPO DENIAL	<u>.</u>
(the box(es) that apply)	-	>	Per Pay Period	Monthly	7	Per Pay Period	Period	Monthly	>	Per Pay Period	Monthly
Member Only			\$4.02	\$8.03		\$6.47	2	\$12.93		\$20.29	\$40.58
Member + One			\$6.26	\$12.51		\$12.28	58	\$24.56		\$39.65	\$79.29
Member + Two or More			\$10.30	\$20.59		\$18.69	60	\$37.38		\$64.80	\$129.59
			MEM	MEMBER/DEPENDENT INFORMATION	NT INFORMATI	ON					
Name (Last, First, MI) So	Social Security No.	Relationship	Gender	Date of Birth (MM/DD/YY)	Indicate Applies	Indicate Which Coverage Applies to Each Person	age	Dental Provider Name & City (DHMO Only)	ider IMO Only)	Existing Patient	Dental Provider Group # (DHMO
		Member			NOISION	DHMO	OPPO			□Yes □No	
		☐ Spouse ☐ Dom. Part.	OM OF		NOISIND		O DPPO			□Yes □No	
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BENEFIT COORDINATION/OTHER INSURANCE C	otacle rocke	NEG GOOD TO NEG	BENEFIT COORDINATION/OTHER INSURANCE CARRIER INFORMATION	ION/OTHER IN	SURANCE CAR	RIER INFO	RMATIO	7			
Benefit		Insurance Company			Policy #	#		Who	is covered	Who is covered under this other policy?	policy?
□ Dental □ Vision			6		(company)			2			. ()
Dental											
☐ Dental ☐ Vision											
SIGNATURE	NA CET CE SERVICE	PEDEDY MITHOUSE	AIO COSTIGUIA SME VINE	SIGNATURE	TURE	M MOGE (S/NO)	VOI HOW A	FOCULANT		MILW	
ARBITRATION DISCLOSURE: I agree that any and all disputes, including claims relating to the delivery unauthorized or were improperly, negligently or incompetently rendered), except for claims subject to	ny and all disputes, in	icluding claims relating	to the delivery of services ms subject to ERISA, betw	under the plan and c	laims of medical malp	ractice (that is a	s to whether	rovassociation to make the necessary belocitories from my watersaland to rat my rok flow or the trainion. of services under the plan and claims of medical malpractice (that is as to whether any medical services rendered under the health plan were unnecessary or ERISA, between myself and my dependents enrolled in the plan (including any heirs or assigns) and United HealthCare and Pacificare of California or any of its	endered under t	the health plan were u	nnecessary or nia or any of its
parents, substantes stand be determined by submission to brinding abundance. Any such dispute decided in a court of law before a jury, and instead are accepting the use of binding arbitration.	tutional right to have	any such dispute decide	d in a court of law before	a jury, and instead ar	accepting the use of	binding arbitrat	ion.	ומן מו טונמנוטו מכנ סוסעום	les lot Junicial	eview of arbitration p	oceeuiigs. Ail parid
	(Date)						(Signature	iture)			

DSA CHIROPRACTIC PLAN

CHIROPRACTIC PLAN

Chiropractic care is available through the Administrative Health Fund to all members of the Deputy Sheriffs' Association of San Diego County, their spouse/domestic partner, child (18 years or under), or step child (18 years or under and living in the deputies home).

Active Members \$10 per payday Retired Members \$21.60 per payday

Rates per Visit

Initial Exam 3rd visit of week 1 visit per week 2nd visit of week Member \$40.00 \$20.00 \$10.00 \$5.00 Spouse/Domestic Partner \$30.00 \$10.00 \$10.00 \$10.00 Child \$5.00 \$5.00 \$30.00 \$5.00

This plan will become effective immediately upon receipt of payroll deduction form.

MASSAGE

Massage will be available in the following offices at \$40 per hour and \$25 per half hour at the following offices:

Dr. Cincotta (619) 444-3191 Dr. Flores & Dr. Lund (619) 275-2214 IPSB (858) 490-1154 (One hour sessions only)

To enroll in the plan or for more information, please call the DSA at (858) 486-9009 or visit www.adhealthfund.com

Administrative Heath Fund (619) 656-7304



PLAN CHIROPRACTORS

Dr. Danny Bachova

2691 Via Mercado, Ste 15 La Mesa, CA 91941 (619) 444-3191

www.sdchiropractic.net

Anthony Becerra D.C.

25136 Hancock Ave. Ste C Murrieta, CA 92562 (951) 461-4617

Email: purechiropractic@verizon.net

www.purechiro4you.com

Dr. Gary Bretow

1274 Morena Blvd San Diego, CA 92110 (619) 276-7575 www.bretowchiropractic.com

Dr. Lance H. Cohen

8781 Cuyamaca Street, Ste J Santee, CA 92071 (619) 449-0593

Dr. Ryan Curda

4747 Mission Blvd, Ste 1 San Diego, CA 92109 (858) 866-3345

Dr. Kevin Dette

123 Main St. Vista, CA 92084 (760) 643-9191 www.pacificfamilychiropractic.com

Dr. Alison Flores

Dr. Dan Jurgens

9855 Erma Road, Ste 104 San Diego, CA 92131 (858) 547-8913

www.jurgenschiropractic.com

Dr. Hillari Hamilton

2999 Mission Blvd. San Diego, CA 92109 (858) 539-7227 www.mbchiropractic.com Dr. Matt Hubbard

4344 Convoy St., Ste. K San Diego, CA 92111 (858) 279-7300 www.healthyimpressions.com

Dr. Kerry Keiser

543 Orange Avenue Coronado, CA 92118 (619) 437-4900 www.discoverwellnesscoronado.com

Dr. Mark Krause

2345 Fletcher Pkwy El Cajon, CA (619) 460-4465

Dr. Scott Lund

1524 Encinitas Blvd. Encinitas, CA 92024 (760) 753-4300 www.lundchiropractic.com

Dr. Bob Mason

5181 Baltimore Dr. La Mesa, CA 91941 (619) 589-7869 www.adhealthplan.com

Dr. Gerald Palmes

2425 Camino Del Rio South #100 San Diego, CA 92108 (619) 758-5820

Dr. Earl Shaw

27536 Ynez Rd., Suite F19 Temecula, CA 92591 (951) 695-1176

Dr. Jason Deitch

www.discoverwellnesscenter.com fees: FREE Personalized Wellness Coaching





Deputy Sheriffs' Association Authorization and Payment Plan

I,, wish to take part in the Chiropractic plan, endorsed by the
Deputy Sheriffs' Association of San Diego County, and I authorize the Deputy Sheriffs' Association of San Diego County to
institute a payroll deduction in the amount of \$10.00 per pay period, beginning with the pay period following the date of the
form. Retirees who wish to take part in the Chiropractic plan may pay a yearly administration fee of \$260.00 directly to
Administrative Health Fund or \$21.67 per month through DSA deduction as approved by SDCERA.
Deputy:
Print full name (first, middle and last)
Street Address:
City and Zip Code:
Home Phone:() Work Phone:()
Employee ID Number:
Employee 1D Number.
Person to contact in case of emergency:
(Not living at same address) Name and relationship
Address:Phone:()
Audi ess1 none.(
Please check one: [] Active [] Affiliate [] Reserve
Please check one: [] Active [] Affiliate [] Reserve [] DSA Staff
The above authorization will entitle each deputy who is currently a dues paying member of the Deputy Sheriffs' Association
of San Diego County; their spouse/domestic partner (as defined in the M.O.A.), minor children, or minor stepchildren living
in the deputy's home to chiropractic care and massage at specific locations. This authorization shall remain in effect for a period of no less than ONE YEAR, unless just cause is presented to ADMINISTRATIVE HEALTH FUND by the DSA
member. This authorization will be discontinued only upon receipt of a written request by the member, with a reasonable
amount of time to act on said request.
•
The Deputy Sheriffs' Association of San Diego County is held harmless for any fees due but not collected.
It is the member's responsibility to contact ADMINISTRATIVE HEALTH FUND within 10 days if any of the above
information changes.
******My signature below indicates, under penalty of perjury, that the above information is true and correct, and that I have
read, understand and accept all terms of this agreement.
Member Signature: Date:

ADMINISTRATIVE HEALTH FUND P. O. Box 212408 Chula Vista, CA 91921 Phone: (619) 656-7304 Fax: (619) 934-2061

Fax: (619) 934-2061 Email: adhealthfund@yahoo.com



ADVANTAGES OF METLAW'S HYATT LEGAL PLAN

Broad Coverage: MetLaw's plan provides coverage for many frequently needed personal legal matters. They encourage usage so you receive maximum return on your benefit dollars.

Ease of Use: You have direct and immediate access to your choice of local attorneys, both in- and out-of-network.

Office Visits for an Unlimited # of Matters: Office visits are encouraged to develop solid relationships with your attorneys, resulting in better service and higher satisfaction.

Attorney Management Expertise: MetLaw has well-developed expertise for the management and delivery of a legal plan. They have an entire department – managed by attorneys – dedicated to supervising the attorney network and ensuring quality control.

Extraordinary Customer Service:

The call center is staffed for peaktime usage. During business hours, phones are answered "live" in five seconds by professional Representatives who help maximize the value of the legal plan. MetLaw operates a full-service website with an easy "Attorney Locator Search Engine" and many helpful resources.

Attorney Code of Excellence: Plan attorneys are required to participate in MetLaw's Code of Excellence to help ensure that participants will receive the highest quality of service.

Multilingual Services: Both English and Spanish-speaking representatives are available. Most of MetLaw's participating law firms have multilingual capabilities.

DEPUTY SHERIFFS' METLAW HYATT LEGAL PLAN

MetLaw is a legal services plan that provides legal representation for you, your spouse and dependents at a cost of \$8.25 per pay period - a cost that won't break your budget and is paid through the convenience of automatic payroll deductions.

If you are currently enrolled in the PrePaid legal plan, you may continue those legal benefits or opt to enroll in the MetLaw plan. All new enrollees will be enrolled in the MetLaw Hyatt Legal plan.

To enroll in the new plan, complete the Enrollment Form on the opposite side of this document. The DSA will automatically deduct \$8.25 per payroll for the MetLaw Plan. Once you enroll, you must remain in the Plan for the entire Plan year. You will automatically be reenrolled in this benefit each year unless you elect to discontinue your participation during the annual Open Enrollment.

Finding an affordably priced lawyer to represent you when you have trouble with creditors, buy or sell your home, or even prepare your will can be a challenge. Now you have a resource at your fingertips for important, everyday legal services. What's more, you'll also have someone to turn to for unexpected legal matters. With MetLaw, you can receive legal advice and fully covered legal services for a wide range of personal legal matters, including: court appearances, document review and preparation, debt collection defense, wills, family matters and real estate matters.

MetLaw's services are available through a network of more than 10,000 participating attorneys nationwide, including, on average, 30 attorneys in SD County and 10 within the city of San Diego. MetLaw's Plan Attorneys have met stringent selection criteria and have an average of 22 years or more of legal experience. Plan Attorney assistance includes: covered legal services, consultations on the telephone, in-person consultations, document preparation and representation for many frequently needed personal legal matters. Plus, if you stay within the network, covered legal services are provided with no additional attorney fees. Of course, you also have the flexibility to use a non-Plan Attorney and get reimbursed for covered services according to a set fee schedule. It's completely your choice!

When you face a situation that you think has legal implications, simply pick up the phone. A knowledgeable Client Service Representative will be available to assist you with locating a Plan Attorney near your home or workplace. Many Plan Attorneys are available to meet with you on weekdays, evenings and even Saturdays. You can also access MetLaw's e-panel of attorneys 24 hours a day, 7 days a week.

Please contact the DSA should you have additional questions about the MetLaw Plan.

Announcing an improvement to the Portability feature

The period of portability for the legal plan has increased to 30 months. Members can port the legal plan if they are enrolled in the plan and their enrollment terminates.

For more information visit Hyatt Legal Plans online at:

www.legalplans.com

click on "Thinking about Enrolling?"

and enter password: MetLaw

or call 1-800-821-6400



Hyatt Legal Plans

A MetLife Company

MetLaw® Enrollment Form for Deputy Sheriffs' Association Of San Diego County

Name (please print):	
Social Security Number: -	-
Home Zip Code:	
Yes, I wish to enroll in MetLaw® and understal of \$8.25 per pay period for this benefit. I under fect for the entire benefit plan year, as long as or until I am no longer an eligible member of the appropriate after-tax payroll deductions need.	rstand this election will remain in ef- I maintain payroll deduction status he DSA. I authorize the DSA to take
Signature	Date

Return this form to the Deputy Sheriffs' Association.

Subject to approval in some states. In certain states provided through insurance coverage underwritten by Metropolitan Property and Casualty Insurance Company and affiliates, Warwick, RI and in Florida provided by Hyatt Legal Plans of Florida, Inc.